# **THE ICE BATH JUST WENT MOBILE** R.I.C.E. therapy easy. Rest, Ice, Compress and Elevate



UTR7300 | UTR7400



XTR2000





## **OVERSLEEVES**

The 110% Compression Oversleeve was engineered to make rehab simple. The sleeve allows for targeted placement of 110% Reusable Ice Inserts to prevent swelling and reduce inflammation. The soft compression sleeve has openings at the heel & toes and is to be used with a compression sock in order to ice/heat common injuries such as plantar fasciitis, Achilles tendonitis, ankle sprains, shin splints, forefoot Aand calf pain. Make it simple with the best mobile recovery on the market.

#### **CLINICAL APPLICATION**

Plantar Fasciitis | Ankle Sprain/Strain | Achilles Tendonitis | Shin Splints | Calf Sprains & Strains



Targeting the hips, hamstrings, guadriceps, glutes and ITBand, the Transformer shorts provide muscle stability with a double layer of compression and pockets for applying ice directly to the trouble spot to make it simple with the best mobile recovery on the market.

#### **CLINICAL APPLICATION**

JUGGLER KNICKERS

**CLINICAL APPLICATION** 

Post-operative pain

Post-operative | Hip pain | Glute Pain | ITBand Syndrome | Strained/Pulled/Teared Hamstring, Quadriceps or Groin

Targeting the hips, glutes, lumbar, ITBand, guadriceps, hamstrings, knees, the Juggler Knickers are designed for maximum comfort, performance and recovery. With strategi-

cally placed icing pockets the Juggler Knickers transition from high performance

Post-operative | Hip pain | Glute Pain | ITBand Syndrome | Strained/Pulled/Teared | Hamstring, Quadriceps or Groin | Meniscus Tear | Tendonitis/Bursitis | Cartilage Damage |

compression gear to an active recovery system in one simple step.



XTR1000

## **CLUTCH TIGHTS**

The most commonly prescribed protocol for our patients with leg injuries and post-operative pain and swelling.

Targeting the hips, glutes, lumbar, ITBand, guadriceps, hamstrings, knees, calves and shins, the Clutch Tights are designed for maximum comfort, performance and recovery. With strategically placed icing pockets, the Clutch Tights transition from high performance compression gear to an active recovery system in one simple step.

#### **CLINICAL APPLICATION**

Post-operative | Hip pain | Glute Pain | ITBand Syndrome | Strained/Pulled/Teared Hamstring, Quadriceps or Groin | Meniscus Tear | Tendonitis/Bursitis | Cartilage Damage | Strained Calf | Shin splints | Post-operative pain



#### **BLITZ KNEE SLEEVE**

recovery on the market.

#### **CLINICAL APPLICATION**

Meniscus Tear | Tendonitis/Bursitis | Cartilage Damage | Post-operative | Knee pain | ACL



#### **CLINICAL APPLICATION**

**KICK BACK QUAD SLEEVES** 

**CLINICAL APPLICATION** 



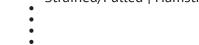












#### **BOKATOR ELBOW SLEEVE**

- best mobile recovery on the market.

#### **CLINICAL APPLICATION**

## ALCHEMY ARM SLEEVE

- the best mobile recovery on the market.

### **CLINICAL APPLICATION**

- Damage | Post-operative pain

UTR5100 | UTR5200

The most commonly prescribed protocol for patients with lower leg injuries and pain is RICE therapy. Rest, Ice, Compress and Elevate. Targeting the front and back of the knee, Blitz Sleeves provide muscle stability with a double layer of compression and pockets for applying ice directly to the knee for simple, mobile recovery. Make it simple with the best mobile

Ideal for treating shins splints and calf pain, the double-Life calf sleeves provide muscle stability with a double layer of compression and pockets for applying ice directly to the shins and calves for maximum comfort, performance and recovery.

Shin Splints | Calf Strain/Muscle Tear | Compartment Syndrome | Achilles Tendonitis/Pain

Targeting the hamstrings and quadriceps, the Kick Back Quad sleeves provide muscle stabili-ty with a double layer of compression and pockets for applying ice directly to the trouble spot to make it simple with the best mobile recovery on the market.

Strained/Pulled | Hamstring or Quadriceps

Targeting the elbow, the Bokator Sleeve provides muscles stability with a double layer of compression and pockets for applying ice directly to the elbow to make it simple with the

Tennis/Golfer Elbow | Bursitis | Cartilage Damage | Post-operative | Elbow Pain

Targeting the entire arm, the Alchemy Arm Sleeve provides muscles stability with a double layer of compression and pockets for applying ice directly to the arm to make it simple with

Tennis/Golfer Elbow | Strained/Pulled Tricep/Bicep/Forearm | Bursitis/Tendonitis | Cartilage

# **DON'T GET LEFT BEHIND... THE FUTURE IS HERE**







# WASHING DIRECTIONS

 Machine wash, gentle cycle in warm water. Line Dry.

SIZE CHART	SIZE	1	2	3	4	5	6	7
		XS	5	м	L	XL	XXL	XXXL
SHORTS, KNICKERS * TIGHTS Lie tape measure flat around your waist. Measuring over belly button and measure your thigh circumference at the fullest part.	UNISEX							
	WAIST (IN)		25-27	27-30	30-33	33-36	36-39	>39
	THIGH (IN)		15.5-18.5	17.5-20.5	19.5-22.5	21.5-24	23.5-25	24.5-26
QUAD SLEEVES	UNISEX							
Measure the circumference of the fullest part of your thigh.	THIGH (IN)		15.5-18.5	17.5-20.5	19.5-22.5	21.5-24	23.5-25	24.5-26
KNEE SLEEVES	UNISEX							
Measure the circumference 4" above the knee cap.	THIGH (IN)		<10	10-13	13-16	16-18.5	18-21.5	>21.5
CALF SLEEVES Measure the calf circumference at the widest part.	UNISEX							
	CALF (IN)	<12	12-13.5	13.5-15	15-16.5	16.5-18	18-20	
ARM + ELBOW SLEEVES Cross reference the measurement around the widest part of your bicep with the widest part of your forearm, about 2" below the elbow.	UNISEX							
	BICEP (IN)	6-8	8-11.5	10-13.5	12-15.5	14-17.5	16-19.5	
	FOREARM (IN)	5-7	7-10.5	9-12.5	11-14.5	13-16.5	15-18.5	
SOCKS	UNISEX							
Measure the calf circumference at the widest part.	CALF (IN)		12-13.5	13.5-15	15-16.5	16.5-18		

THIS SIZE CHART IS OUR SUGGESTED GUIDELINE BUT EVERY SHAPE IS UNIQUE. ALWAYS FAVOR YOUR COMFORT OVER THE SUGGESTED MEASUREMENTS.







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