

THE ICE BATH JUST WENT MOBILE

R.I.C.E. therapy easy. Rest, Ice, Compress and Elevate



UTR7300 | UTR7400

OVERSLEEVES

The 110% Compression Oversleeve was engineered to make rehab simple. The sleeve allows for targeted placement of 110% Reusable Ice Inserts to prevent swelling and reduce inflammation. The soft compression sleeve has openings at the heel & toes and is to be used with a compression sock in order to ice/heat common injuries such as plantar fasciitis, Achilles tendonitis, ankle sprains, shin splints, forefoot and calf pain. Make it simple with the best mobile recovery on the market.

CLINICAL APPLICATION

Plantar Fasciitis | Ankle Sprain/Strain | Achilles Tendonitis | Shin Splints | Calf Sprains & Strains



XTR2000

TRANSFORMER SHORTS

Targeting the hips, hamstrings, quadriceps, glutes and ITBand, the Transformer shorts provide muscle stability with a double layer of compression and pockets for applying ice directly to the trouble spot to make it simple with the best mobile recovery on the market.

CLINICAL APPLICATION

Post-operative | Hip pain | Glute Pain | ITBand Syndrome | Strained/Pulled/Torn Hamstring, Quadriceps or Groin



XTR1000

JUGGLER KNICKERS

Targeting the hips, glutes, lumbar, ITBand, quadriceps, hamstrings, knees, the Juggler Knickers are designed for maximum comfort, performance and recovery. With strategically placed icing pockets the Juggler Knickers transition from high performance compression gear to an active recovery system in one simple step.

CLINICAL APPLICATION

Post-operative | Hip pain | Glute Pain | ITBand Syndrome | Strained/Pulled/Torn Hamstring, Quadriceps or Groin | Meniscus Tear | Tendonitis/Bursitis | Cartilage Damage | Post-operative pain



XTR7000

CLUTCH TIGHTS

The most commonly prescribed protocol for our patients with leg injuries and post-operative pain and swelling.

Targeting the hips, glutes, lumbar, ITBand, quadriceps, hamstrings, knees, calves and shins, the Clutch Tights are designed for maximum comfort, performance and recovery. With strategically placed icing pockets, the Clutch Tights transition from high performance compression gear to an active recovery system in one simple step.

CLINICAL APPLICATION

Post-operative | Hip pain | Glute Pain | ITBand Syndrome | Strained/Pulled/Torn Hamstring, Quadriceps or Groin | Meniscus Tear | Tendonitis/Bursitis | Cartilage Damage | Strained Calf | Shin splints | Post-operative pain



KNEE
UTR7300 | UTR3000

BLITZ KNEE SLEEVE

The most commonly prescribed protocol for patients with lower leg injuries and pain is RICE therapy. Rest, Ice, Compress and Elevate. Targeting the front and back of the knee, Blitz Sleeves provide muscle stability with a double layer of compression and pockets for applying ice directly to the knee for simple, mobile recovery. Make it simple with the best mobile recovery on the market.

CLINICAL APPLICATION

Meniscus Tear | Tendonitis/Bursitis | Cartilage Damage | Post-operative | Knee pain | ACL



CALF
UTR4000 | UTR4001

DOUBLE-LIFE SLEEVES

Ideal for treating shin splints and calf pain, the double-Life calf sleeves provide muscle stability with a double layer of compression and pockets for applying ice directly to the shins and calves for maximum comfort, performance and recovery.

CLINICAL APPLICATION

Shin Splints | Calf Strain/Muscle Tear | Compartment Syndrome | Achilles Tendonitis/Pain



QUAD
UTR2000

KICK BACK QUAD SLEEVES

Targeting the hamstrings and quadriceps, the Kick Back Quad sleeves provide muscle stability with a double layer of compression and pockets for applying ice directly to the trouble spot to make it simple with the best mobile recovery on the market.

CLINICAL APPLICATION

Strained/Pulled | Hamstring or Quadriceps



ELBOW
UTR6000

BOKATOR ELBOW SLEEVE

Targeting the elbow, the Bokator Sleeve provides muscles stability with a double layer of compression and pockets for applying ice directly to the elbow to make it simple with the best mobile recovery on the market.

CLINICAL APPLICATION

Tennis/Golfer Elbow | Bursitis | Cartilage Damage | Post-operative | Elbow Pain



ARM
UTR5100 | UTR5200

ALCHEMY ARM SLEEVE

Targeting the entire arm, the Alchemy Arm Sleeve provides muscles stability with a double layer of compression and pockets for applying ice directly to the arm to make it simple with the best mobile recovery on the market.

CLINICAL APPLICATION

Tennis/Golfer Elbow | Strained/Pulled Tricep/Bicep/Forearm | Bursitis/Tendonitis | Cartilage Damage | Post-operative pain

DON'T GET LEFT BEHIND... THE FUTURE IS HERE



ICE + 110% COMPRESSION



WASHING DIRECTIONS

- Machine wash, gentle cycle in warm water.
- Line Dry.

SIZE CHART

	SIZE	1	2	3	4	5	6	7
		XS	S	M	L	XL	XXL	XXXL
SHORTS, KNICKERS + TIGHTS	UNISEX							
<small>Lie tape measure flat around your waist. Measuring over belly button and measure your thigh circumference at the fullest part.</small>	WAIST (IN)		25-27	27-30	30-33	33-36	36-39	>39
	THIGH (IN)		15.5-18.5	17.5-20.5	19.5-22.5	21.5-24	23.5-25	24.5-26
QUAD SLEEVES	UNISEX							
<small>Measure the circumference of the fullest part of your thigh.</small>	THIGH (IN)		15.5-18.5	17.5-20.5	19.5-22.5	21.5-24	23.5-25	24.5-26
KNEE SLEEVES	UNISEX							
<small>Measure the circumference 4" above the knee cap.</small>	THIGH (IN)		<10	10-13	13-16	16-18.5	18-21.5	>21.5
CALF SLEEVES	UNISEX							
<small>Measure the calf circumference at the widest part.</small>	CALF (IN)		<12	12-13.5	13.5-15	15-16.5	16.5-18	18-20
ARM + ELBOW SLEEVES	UNISEX							
<small>Cross reference the measurement around the widest part of your bicep with the widest part of your forearm, about 2" below the elbow.</small>	BICEP (IN)		6-8	8-11.5	10-13.5	12-15.5	14-17.5	16-19.5
	FOREARM (IN)		5-7	7-10.5	9-12.5	11-14.5	13-16.5	15-18.5
SOCKS	UNISEX							
<small>Measure the calf circumference at the widest part.</small>	CALF (IN)		12-13.5	13.5-15	15-16.5	16.5-18		

THIS SIZE CHART IS OUR SUGGESTED GUIDELINE BUT EVERY SHAPE IS UNIQUE. ALWAYS FAVOR YOUR COMFORT OVER THE SUGGESTED MEASUREMENTS.

RECOVER
FASTER. **110% PLAY HARDER.**

110playharder.com



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